



Class Schedule
November 2018 - February 2019

Updated 11/15/18

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00-11:30 Kundalini Vani Kimbrell	10:00-11:30 Kundalini Wah Khalsa	10:00-11:30 Kundalini Erik Blender	10:00-11:30 Kundalini for Women Signa Cheney	10:00-11:30 Kundalini Maya Luna	10:00-11:30 Kundalini Signa Cheney	10:00-11:30 Kundalini Marla Becker
12:00-1:30 Therapeutic Michelle Barton	12:30-1:30 Sat Nam Flow Pamela Sery	12:00-1:30 Therapeutic Michelle Barton	12:30-1:30 Sat Nam Flow Pamela Sery	12:00-1:30 Therapeutic Michelle Barton	1:00-2:30 Sat Nam Flow Greg Allen	1:00-2:30 Kundalini Mia McManuis
				4:30-6:00 Kundalini Wah Khalsa	4:30-6:00 Kundalini Veronika Vogler	4:30-5:45 Gong Meditation Vani Kimbrell
5:30-6:45 Kundalini for Women Wah Khalsa	5:30-7:00 Kundalini Signa Cheney	5:30-6:45 Kundalini Dr. Hari Dass Khalsa & Ad Purkh Khalsa	5:30-7:00 Kundalini Erik Blender			
7:30-9:00 Kundalini Guru Surya Kaur	7:45-9:00 Gentle Flow Dianne Barrett	7:30-9:00 Kundalini Ajeet Kaur	7:45-9:00 Gentle Sat Nam Greg Allen	<i>Special Classes & Events</i>	<i>Special Classes & Events</i>	7:00-8:15 Yin & Gong Pamela Sery

Registering in advance is appreciated and drop-ins are welcome.

*Please visit our **Online Schedule** to pre-register and to confirm classes and teachers.*